

Combos

- The Classique 6.95**
Half classique sandwich with your choice of soup or salad
- The Deluxe 7.95**
Half deluxe sandwich with your choice of soup or salad
- Soup n' Salad 7.95**

Sides

- Hummus w/ Pita 3.95**
- Quinoa Salad 3.75**
- Potato Salad (8oz) 2.75**
- Pasta Salad (8oz) 2.75**
- Chicken Salad 4.75**
- Tuna Salad 4.75**

SOUPS & SALADS FOR COMBOS

- Soups:** Soup De Jour
Lentil n' Veggie • Chili
- Salads:** Caesar • Pascale
Chinese • Thai • Greek



Desserts

- | | |
|-----------------------------------|-----------------------------|
| Banana Nut Bread 3.00 | Brownies 3.00 |
| Zucchini Walnut Bread 3.00 | Lemon Bar 3.00 |
| Marble Pound Cake 3.00 | Pecan Bar 3.00 |
| Zesty Lemon Loaf 3.00 | Seven Layer Bar 3.00 |
| Apricot Shortbread 1.25 | Cookies 1.25 |

Cold Beverages

- | | |
|--|---------------------------|
| Bottled Sodas 2.00 | Energy Drinks 2.50 |
| Bottled Teas 2.50 | Juices 2.50 |
| Fountain Drinks (Small/Large) 2.00/2.50 | |

Smoothies

20oz GRAND

- | | |
|--|---|
| Protein Paradise 4.95
Banana, milk and protein powder | Hawaiian Splash 4.95
Pineapple, mango, banana and orange juice |
| Blueberry Blizzard 4.95
Blueberries, banana and apple juice | Açaí 5.95
Açaí root, strawberries, banana and apple juice |
| Strawberry Blonde 4.95
Strawberries, banana and apple juice | Mango Sunrise 4.95
Mango, strawberries, banana and orange juice |
| Pascale Sunset 4.95
Blueberries, strawberries, banana and orange juice | |

ADD PROTEIN FOR 1.00



Coffee Bar

12oz PETIT
20oz GRAND

HOT COFFEE

- | | |
|-----------------------------------|-------------------------------------|
| Brewed Coffee 1.90/2.50 | Café Americano 2.25/3.00 |
| Café Latte 3.25/3.95 | Espresso 1.75/2.75 |
| Cappuccino 3.25/3.95 | Espresso Macchiato 1.95/2.95 |
| Carmel Macchiato 3.50/4.50 | Espresso Con Panna 2.00/3.00 |
| Café Mocha 3.50/4.50 | Hot Teas 2.75/3.25 |
| White Mocha 3.50/4.50 | Chai Latte 3.50/4.50 |
| Mexican Mocha 3.50/4.50 | |



ICED COFFEE

- Brewed Coffee 2.00/2.50**
- Café Latte 3.25/3.95**
- Carmel Macchiato 3.50/4.50**
- Café Mocha 3.50/4.50**
- White Mocha 3.50/4.50**
- Café Americano 2.25/3.00**
- Chai Latte 3.50/4.50**

ICED BLENDED

- Mocha 4.95**
- White Chocolate 4.95**
- Vanilla 4.95**
- Chai 4.95**
- Carmel 4.95**
- Coconut 4.95**

EXTRAS

- Flavored Syrups 0.50**
- Espresso Shot 0.75**
- Soy Milk 0.60**
- Almond Milk 0.60**
- Coconut Milk 0.60**



Catering

For over 25 years
we cater business meetings and special events
throughout the San Diego County

check our catering menu online @
www.cafepascale.com



We at Cafe Pascale are proud to offer our customers premium choices

LAVAZZA
ITALY'S FAVORITE COFFEE



Boar's Head

Bread & Cie
BAKERY • CAFE

Cafe Pascale uses natural chicken that is not fed or injected with any antibiotics or artificial growth stimulants



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GRILL & DELI

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WE DELIVER
\$50 MINIMUM

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San Diego, CA 92121

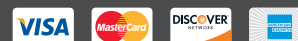
858.552.9368

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order@cafepascale.com

CATERING LINE: 858.546.0505



BREAKFAST • LUNCH • CATERING
MONDAY - FRIDAY / 7:30AM - 3:00PM
858.552.9368



Boar's Head

Breakfast

SERVED AT
7:30 TILL 10:30

GOURMET SANDWICHES

All American 4.91
Two eggs, Vermont cheddar cheese and choice of ham, bacon **or** sausage on croissant or ciabatta bread

Mediterranean 4.92
Two eggs, roasted tomatoes, red onions, spinach and feta cheese on a bagel or ciabatta bread

Signature 5.57
Two eggs, cheese Swiss, steak, red onions, mushrooms and savory remoulade on a bagel **or** ciabatta bread

Sunrise 3.71
One egg, cheddar cheese and choice of ham, bacon **or** sausage on English muffin

**SUBSTITUTE
EGG WHITES FOR \$1.50**

LIGHT BREAKFAST

Fruit Cup 3.75
w/cottage cheese. Add 1.25

Vanilla Yogurt Parfait 4.50

Açai Bowl 7.75
8oz Açai root topped with strawberries, banana and granola

Morning Pastries 3.25
Fresh muffins, scones, bear claw, danishes **or** cinnamon bun

Oatmeal Bowl 4.95
Fresh all natural oatmeal bowl topped with strawberries and banana. **flavor choice:**

- Mango Blackberry
- Apple Walnut
- Nuts n' Seeds
- Goji Blueberry
- 5 Berry

Salad or make it a Wrap

Pascale 6.75
Fresh greens, tomatoes, cucumbers and croutons with your choice of dressing

Caesar 7.95
Grilled chicken, crisp romaine lettuce, parmesan cheese and seasoned croutons with a creamy Caesar dressing

Big Chicken 7.95
Grilled chicken, fresh greens, roasted walnuts, blue cheese crumble, tomatoes and cucumbers with a balsamic vinaigrette dressing

Quinoa 7.95
Quinoa, fresh greens, garbanzo beans, black beans, tomatoes, red bell peppers, cucumbers and feta cheese with balsamic dressing

Chinese 7.95
Grilled chicken, mix of Napa, green & red cabbage, fresh greens, red bell pepper, mandarin oranges, carrots, roasted sesame seeds and almonds with a homemade sweet oriental dressing

Spicy Thai 7.95
Grilled chicken, mix of Napa, green & red cabbage, fresh greens, red bell pepper, carrots, mandarin oranges, roasted sesame seeds and almonds with spicy peanut dressing

Chef 7.95
Ham, turkey, fresh greens, Jack & cheddar cheese, egg, tomatoes and cucumbers with your choice of dressing

Tuna **or Chicken 7.95**
A scoop of tuna **or** chicken, fresh greens, tomatoes and cucumbers with your choice of dressing

Baby Spinach 7.95
Baby Spinach, mushroom, red onions, walnuts, sliced egg, bacon and goat cheese with balsamic dressing

DRESSINGS

Ranch • Italian
Blue Cheese • Balsamic
Caesar • Jalapeño Ranch
Greek • Thousand Island

BURRITOS

Served with potatoes, eggs, fresh salsa and cheddar cheese

Breakfast 5.57
Choice of ham, bacon **or** sausage

Deluxe 6.79
Ham, bacon and sausage

Veggie 5.80
Grilled vegetables



BAGEL LOVERS

With your choice of bagel

Plain • Onion • sesame seed
Everything • Blueberry • jalapeño

Butter n' Jelly 2.50
Cream Cheese 3.50
Classic 5.95

Cream cheese, tomatoes, red onions and choice of ham **or** bacon

Deluxe 7.95
Cream cheese, tomatoes, red onions, capers **and** lox

Extras

Bacon (4 pieces) 3.00
One Egg 2.00
Toast 1.75
Cream Cheese 1.50

Avocado 2.00
Fresh Salsa 1.00

WITH
SANDWICH
PURCHASE
ONLY

SERVED AT
11:00 TILL 2:45

Greek 8.50
Grilled chicken, crisp romaine lettuce, feta cheese, tomatoes, cucumbers, Kalamata olives, pepperocini and red onion with Greek dressing

Chicken Kabob 8.50
Grilled chicken kabob, crisp romaine lettuce, feta cheese, tomatoes and cucumbers with Greek dressing

Chicken Artichoke 8.50
Grilled chicken, mixed greens, tomatoes, parmesan cheese, marinated artichoke and Kalamata olives with balsamic dressing

Santa Fe 8.50
Grilled chicken, fresh greens, roasted corn, black beans, crisp tortillas, salsa Fresca, shredded cheese and avocado with Jalapeño ranch dressing

Harvest Chicken 8.50
Grilled chicken, fresh greens, strawberries, cranberries, apples, blue cheese and walnuts with balsamic dressing



ADD:

Grilled Wild Salmon 3.00
Grilled Shrimp 3.00
Veggie Patty 3.00
Extra Dressing 1.00

Sub. Spinach 1.00

Cobb 8.50
Grilled chicken, fresh greens, crumbled blue cheese, bacon, avocado, tomatoes, cucumbers and egg with a blue cheese dressing

The Ocean 9.95
Grilled wild salmon **or** shrimp, fresh greens, mixed cabbages, feta cheese, sesame seeds and tomatoes with Asian fusion dressing

Lunch

SERVED AT
11:00 TILL 2:45

CLASSIQUE

The Basics 7.50
Lettuce, tomatoes, mayo, mustard and your choice of:

Meat: Oven Gold Turkey, London Broil Roast Beef, Deluxe Ham, Pastrami, Genoa Salami, Tuna **or** Chicken

Cheese: Swiss, Vermont Cheddar, Provolone **or** Chipotle Gouda

Bread: Wheat, Rye, Sourdough, French Roll, Ciabatta **or** Spinach Tortilla

BLT 6.50
Bacon, lettuce, tomatoes and mayo on toasted whole wheat

Cheese n' Avocado 7.50
Three kinds of cheese, avocado, lettuce, tomatoes, cucumber, red & green bell peppers and mayo on whole wheat

DELUXE

Served with your choice of potato **or** pasta salad

California 7.95
Oven gold turkey, bacon, mayo, Vermont cheddar, tomatoes, avocado and lettuce on sourdough

Club 7.95
Oven gold turkey, deluxe ham, bacon, Swiss cheese, mayo, mustard, lettuce and tomatoes on whole wheat

Johnny's Italian 7.95
Genoa salami, hot cappy, deluxe ham, mayo, pepperocini, onions, lettuce and tomatoes with oil & vinegar dressing on French roll

Chipotle So Good 7.95
Chipotle chicken, chipotle Gouda, bacon, pepperocini, avocado, onions, lettuce, tomatoes and savory remoulade Cajun mayo on French roll

Roast Beef Delight 7.95
London broil roast beef, oven gold turkey, provolone, pepperocini, onions, lettuce, tomatoes and pepperhouse gormaise **or** horseradish on sourdough

Super BLT 7.95
Bacon, lettuce, tomatoes, avocado and cream cheese on toasted whole wheat

Veggie Hummus Wrap 7.95
Hummus, avocado, onions, feta cheese, tomatoes, cucumbers and lettuce on spinach tortilla

QUESADILLAS

Served with fresh salsa, sour cream and avocado

Chicken 7.98
Steak 7.98
Shrimp 7.98
Veggie 7.98

Extras

Bacon (4 pieces) 3.00
Grilled Chicken 3.00
Cheese (2 slices or 2oz) 0.75

Spinach 1.00
Avocado (4oz) 2.00
Side Fruit 2.00

WITH
SANDWICH
PURCHASE
ONLY

SPÉCIALITÉS

Served with your choice of potato, pasta **or** fruit salad

Hot Delicious 7.98
Turkey, Provolone cheese, avocado, cucumbers, lettuce, tomatoes and mayo on Ciabatta

Steak 7.98
Thinly sliced steak, onions, sautéed bell peppers, provolone cheese and pepperhouse gormaise on toasted French roll

French Dip 7.98
London broil roast beef, Swiss cheese, horseradish and Au Jus dip on toasted French roll

Gyros Wrap 7.98
Thinly sliced beef gyros, red onions, tomatoes and Tzatziki sauce, served with Greek salad

Cordon Blue 7.98
Chicken breast, deluxe ham, Swiss cheese, lettuce, tomatoes, onions and honey mustard on French roll

Reuben 7.98
Pastrami, sauerkraut, Swiss cheese and Thousand Island dressing on toasted rye bread

Rachel 7.98
A reuben sandwich with oven gold turkey

Garlic Chicken Wrap 7.98
Thinly sliced chicken, tomatoes, sliced pickles and garlic paste on pita bread, served with Greek salad



PANINI'S

Served with your choice of potato, pasta **or** fruit salad

Pesto Chicken 7.98
Grilled chicken breast, Swiss cheese, pesto, avocado and tomatoes on artisan roll

Cali 7.98
Ovengold Turkey breast, bacon, Vermont cheddar cheese, tomatoes, avocado and mayo on focaccia bread

Chicken Artichoke 7.98
Grilled chicken, artichoke, Swiss cheese, tomatoes and pepperhouse gormaise on focaccia bread

Reema's Italian 7.98
Ham, salami, hot cappy, provolone cheese, tomatoes, onions and Dijon mustard with oil & vinegar dressing on toasted ciabatta bread

French 7.98
Ham, Swiss cheese, tomatoes, olives, Dijon and creamy garlic lemon paste on French roll

Veggie 7.98
Grilled onions, bell pepper, squash, zucchini, provolone cheese, avocado, tomatoes and pepperhouse gormaise on focaccia bread

Roast Beef 7.98
London broil roast beef, Jalapeños, Vermont cheddar cheese, tomatoes and horseradish on focaccia bread

Chipotle Chicken 7.98
Chipotle chicken, bacon, tomatoes, pepperocini, onions, chipotle Gouda, avocado and savory remoulade Cajun mayo on focaccia bread

Soups

Soup De Jour (Cup/Bowl) 2.95/3.95
Lentil n' Veggie (Cup/Bowl) 2.95/3.95
Chili (Cup/Bowl) 2.95/3.95
Served with cheese and onion



HOT ITEMS ARE TAXED • PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE